



Volunteer Opportunities

Dining Room Volunteer - Assists the kitchen staff by setting up and maintaining the beverage station and serving as a dining room host/hostess.

Daily Contribution Volunteer - Counts the daily contributions and makes daily bank deposits.

Home Delivered Meal Volunteer - Assists with home delivered meals to at-risk seniors in their own homes.

Greeter - Welcomes all customers and orients new customers to the Center.

Kitchen Volunteer - Assists the kitchen staff in serving lunch to congregate participants, clean up, and/or preparing home delivered meals.

Program Assistant - Provides educational, informational and recreational programs for participants.

Receptionist - Oversees front desk area to include answering phone, providing information, greeting participants and assuring correct paperwork.

Wellness Instructor – Instructs eligible participants in curriculum that may include falls prevention, chronic disease self-management, tai chi.

Silver Haired Legislature - A formally elected body of citizens, age 60 or older, that volunteer their time to advocate on behalf of Missouri's older adults.

PAR Driver – Provide transportation services for elderly and persons with disabilities to medical appointments and other essential services.

SMP (Senior Medicare Patrol) Team Member – Provides education about Medicare/Medicaid fraud prevention.

CLAIM (Community Leaders Assisting the Insured of Missouri) Counselor – Provides counseling about Medicare/Medicaid eligibility, benefits and billing.

Long-Term Care Ombudsman – Individuals 21 years and older who enjoy visiting with elders in a long-term care setting on a regular basis. An 18-hour training (mostly self-study) is required.

Media Volunteer – Coordinate with the Public Information Coordinator to distribute information to local media outlets and report on publication of information.

Telephone Reassurance/Friendly Visiting – Call or visit seniors who are homebound/isolated for well checks and socialization

Tax Preparation Volunteer – Seasoned preparers who enjoy helping elders with federal, state and MO-PTC forms during the tax season at the local senior centers.



Vision: *The people we serve will live with maximum independence, respect and dignity.*

Mission: *Care Connection will provide resources and services that empower people to create healthy aging experiences.*

www.goaging.org

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