

SAFE MEDICINES



A Guide for **Seniors** and **their Caregivers**

Do you have questions about how to manage your medications? Are you concerned about how to recognize potential drug interactions and how to store and remember to take medicine appropriately? Lucy Barylak, LMSW, will cover all of these areas during this four week session, as well as providing information about what to be concerned about if you're hospitalized, and other lifestyle and wellness issues.

Dates: April 25, 2019
May 2, 2019
May 9, 2019
May 16, 2019

Time: 11:00 am ET
10:00 am CT
9:00 am MT
8:00 am PT

To register, please call 1-866-390-6491
It is recommended to attend all sessions



WELLMED
CHARITABLE FOUNDATION