**Cole Camp 668-2352 ![C:\Users\CareConnUser\AppData\Local\Microsoft\Windows\INetCache\IE\DSMONGAO\march[1].jpg]() 2021**  **Menu**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| March 1**Chicken and Dumplings****♥Peas****♥Honey Carrots**Wheat RollApple Crisp | March 2**Meatloaf****♥Scalloped Potatoes** **♥Green Beans**Wheat RollPineapple Upside Down Cake | March 3**Chicken w/ Mushroom soup /Rice****♥ Roasted Brussel Sprouts****♥California Vegetables** Wheat RollPoppyseed Cake | March 4**Glazed Ham****♥Yams****♥Broccoli**Wheat RollPeanut Butter Cookie | March 5**Biscuit and Gravy/Sausage****♥Tri Tator****♥Spiced Peaches**BiscuitCooks Feature |
| March 8**Shepherd’s Pie****♥Honey Carrots****♥Baked Apples**Wheat RollCheesecake | March 9**Roast Turkey****♥Mashed Potatoes/Gravy ♥Normandy Vegetables**Wheat RollCarrot Cake | March 10**Chicken and Noodles****♥Peas** **♥Italian Vegetables**Wheat RollSnickerdoodle | March 11**Smothered Mushroom Steak****♥Mashed Potatoes/Gravy****♥California Vegetables**Wheat RollCherry Starburst Cake | March 12**Fried Chicken****♥Mashed Potatoes/Gravy****♥Green Beans**Wheat RollCooks Feature |
| March 15**Chicken Pot Pie****♥Peas** **♥Spiced Peaches**BiscuitBrownie | March 16**Spaghetti and Meatballs****♥Italian Vegetables****♥Honey Carrots**Garlic BreadChocolate Chip Cookie | March 17**Ham and Beans** **♥Spinach****♥California Vegetables**Corn BreadBread Pudding | March 18**Meatloaf****♥Mashed Potatoes/Gravy****♥Green Beans**Wheat BreadBanana Cake | March 19**Fried Fish****♥Normandy Vegetables****♥Corn**Hush PuppiesCooks Feature |
| March 22**Pepper Steak with Rice****♥Roasted Brussel Sprouts****♥Green Beans**Wheat RollLemon Bars | March 23**Pineapple Ham****♥ Scalloped Potatoes****♥California Vegetables**Wheat RollOatmeal Cookie | March 24**Chili****♥Baked Potatoes****♥Broccoli**CrackersCinnamon Roll | March 25**Creamed Chicken****♥Italian Vegetables****♥Peas**BiscuitChocolate Cake | March 26**Sweet and Sour Pork w/ Rice****♥Midori Vegetables****♥Honey Carrots**Egg RollCooks Feature |
| March 29**Chicken and Dumplings****♥Peas****♥Honey Carrots**Wheat RollApple Crisp | March 30**Meatloaf****♥Mashed Potatoes/Gravy ♥Roasted Brussel Sprouts**Wheat RollPineapple Upside Down Cake | March 31**Baked Ravioli w/ Meat Sauce****♥Green Beans****♥California Vegetables** Wheat RollPoppyseed Cake | ♥Indicates Heart Healthy Item**Bold underlined items meet the 2015 nutrition guidelines for senior nutrition** | Unsweetened fruit, Chef Salad, Baked Chicken Breast, or Baked Fish available daily as heart healthy alternatives  |

# \*Menu subject to change according to availability