Volunteer Opportunities

**Dining Room Volunteer** - Assists the kitchen staff by setting up and maintaining the beverage station and serving as a dining room host.

**Daily Contribution Volunteer** - Counts the daily contributions and makes daily bank deposits.

**Home-Delivered Meal Volunteer** - Assists with home-delivered meals to at-risk older adults in their own homes.

**Greeter** - Welcomes all customers and orients new customers to the Senior Center.

**Kitchen Volunteer** - Assists the kitchen staff in serving lunch to congregate participants, clean up, and/or preparing home delivered meals.

**Program Assistant** - Provides educational, informational, and recreational programs for participants.

**Receptionist** - Oversees front desk area to include answering phone, providing information, greeting participants, and assuring correct paperwork.

**Wellness Instructor** – Instructs eligible participants in curriculum that may include falls prevention, chronic disease self-management, tai chi.

**Silver Haired Legislature** - A formally elected body of citizens, age 60 or older, that volunteer their time to advocate on behalf of Missouri’s older adults.

**PAR Driver** – Provide transportation services for elderly and persons with disabilities to medical appointments and other essential services.

**SMP (Senior Medicare Patrol) Team Member** – Provides education about Medicare/Medicaid fraud prevention.

**CLAIM (Community Leaders Assisting the Insured of Missouri) Counselor** – Provides counseling about Medicare/Medicaid eligibility, benefits, and billing.

**Long-Term Care Ombudsman** – Individuals 21 years and older who enjoy visiting with elders in a long-term care setting on a regular basis. An 18-hour training (mostly self-study) is required.
**Media Volunteer** – Coordinate with the Public Information Coordinator to distribute information to local media outlets and report on publication of information.

**Telephone Reassurance/Friendly Visiting** – Call or visit seniors who are homebound/isolated for well checks and socialization.

**Tax Preparation Volunteer** – Seasoned preparers who enjoy helping elders with federal, state and MO-PTC forms during the tax season at the local senior centers.

**Vision:** The people we serve will live with maximum independence, respect, and dignity.

**Mission:** Care Connection provides opportunities to create positive aging experiences.

[www.goaging.org](http://www.goaging.org)

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