



Volunteer Opportunities

We rely on volunteers to lead classes, complete tax returns, advocate for older adults in care centers, deliver meals – and more. We provide the training you need to succeed! When you volunteer with Care Connection, you will see the impact you make on your community every day!

Support the Homebound

Telephone Reassurance/Friendly Visiting: Call or visit seniors who are homebound/isolated for well checks and socialization.

Home-Delivered Meal Volunteer: Assists with delivering meals to homebound seniors.

Advocate for Seniors

Long-Term Care Ombudsman: Individuals 21 years and older who enjoy visiting with elders in a long-term care setting on a regular basis. An 18-hour training (mostly self-study) is required.

Silver Haired Legislature: A formally elected body of citizens, age 60 or older, who volunteer their time to advocate on behalf of Missouri's older adults.

Promote Healthy Living

Wellness Instructor: Instructs eligible participants in curriculum that may include Falls Prevention, Chronic Disease Self-Management, Tai Chi, Mind Over Matter, EnhanceFitness and many others.

Care Connection
for Aging Services

Provide Assistance

MOSHIP Counselor: Provides counseling about Medicare/Medicaid eligibility, benefits, and billing.

SMP Team Member: Provides education about Medicare/Medicaid fraud prevention.

Tax Preparation Volunteer: Seasoned preparers who enjoy helping elders with federal, state and MO-PTC forms during the tax season at the local senior centers.

Provide Transportation

Provide-A-Ride (PAR): Provide transportation services for older adults and people with disabilities to out-of-town medical appointments.

Support Local Centers

Greeter: Welcomes all customers and orients new customers to the center.

Receptionist: Oversees front desk area to include answering phone, providing information, greeting participants and assuring correct paperwork.

Program Assistant: Provides educational, informational and recreational programs for participants.

Kitchen Volunteer: Assists the kitchen staff in serving lunch to dining room guests, clean up, and/or preparing home-delivered meals.

Dining Room Volunteer: Assists the kitchen staff by setting up and maintaining the beverage station and serving as a dining room host/hostess.

Daily Contribution Volunteer: Counts the daily contributions and makes daily bank deposits.

How will you make an impact?

CareConnection

for Aging Services

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