

**Butler**

**May 2026 Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>♥Indicates Heart Healthy Item  <b>Bold underlined items meet the 2020 nutrition guidelines for senior nutrition</b></p>	<p>Skim Milk, Unsweetened Fruit, Chef Salad, Baked Chicken Breast, or Baked Fish available daily as heart healthy alternatives by request.</p>		<p>May 1  <u>Fried Fish</u>            ♥<u>Sweet Potato Fries</u>            ♥<u>Black Eyed Peas</u>            Hushpuppies            SF Jello with Pineapple <u>OR</u>            Cook's Feature</p>
<p>May 4  <u>Pineapple Ham</u>            ♥<u>Yams</u>            ♥<u>Green Beans</u>            Wheat Roll            Mixed Fruit <u>OR</u>            Lemon Bar</p>	<p>May 5  <u>Turkey Melt</u>            ♥<u>Broccoli and Cheese Soup</u>            ♥<u>Roasted Red Potatoes</u>            Wheat Bread            Fresh Fruit <u>OR</u>            Chocolate Chip Cookie</p>	<p>May 6  <u>Salisbury Steak</u>            Liver and Onions            ♥<u>Mashed Potatoes/Gravy</u>            ♥<u>Beets</u>            Wheat Roll            Sliced Pears <u>OR</u>            Poppseed Cake</p>	<p>May 7  <u>Chicken Lo Mein</u>            ♥<u>Broccoli</u>            ♥<u>Cauliflower</u>            Wheat Roll            Pineapple Tidbits <u>OR</u>            Carrot Cake</p>	<p>May 8  <u>Meatloaf</u>            ♥<u>Creamed Peas/New Potatoes</u>            ♥<u>Carrots</u>            Wheat Roll            Applesauce <u>OR</u>            Cook's Feature</p>
<p>May 11  <u>Chicken Salad Sandwich</u>            ♥<u>Carrot Raisin Salad</u>            ♥<u>Potato Salad</u>            Wheat Bread            Fresh Fruit <u>OR</u>            Brownie</p>	<p>May 12  <u>Taco Salad</u>            ♥<u>Black Beans</u>            ♥<u>Stewed Tomatoes</u>            Tortillas/Chips            SF Jello with Pears <u>OR</u>            Tres Leches Cake</p>	<p>May 13  <u>Lasagna</u>            ♥<u>Carrots</u>            ♥<u>Peas</u>            Garlic Breadstick            Applesauce <u>OR</u>            Rocky Road Dessert</p>	<p>May 14  <u>Fried Chicken</u>            ♥<u>Mashed Potatoes/Gravy</u>            ♥<u>Green Beans</u>            Wheat Roll            Sliced Peaches <u>OR</u>            Strawberry Cake</p>	<p>May 15  <u>BBQ Pork</u>            ♥<u>Broccoli</u>            ♥<u>Baked Beans</u>            Wheat Bun            Blushed Pears <u>OR</u>            Cook's Feature            Culturally Appropriate Meal</p>
<p>May 18  <u>Chicken Parmesan and Pasta</u>            ♥<u>Italian Vegetables</u>            ♥<u>Peas</u>            Garlic Breadstick            Mixed Fruit <u>OR</u>            Crispy Rice Treat</p>	<p>May 19  <u>Meatball Sub</u>            ♥<u>Sweet Potato Fries</u>            ♥<u>Green Beans</u>            Hoagie Roll            Sliced Pears <u>OR</u>            Snickerdoodle</p>	<p>May 20  <u>Sweet and Sour Chicken with Rice</u>            ♥<u>Carrots</u>            ♥<u>Lima Beans</u>            Wheat Roll            Fresh Fruit <u>OR</u>            Fortune Cookie</p>	<p>May 21  <u>Meatloaf</u>            ♥<u>Mashed Potatoes/Gravy</u>            ♥<u>Beets</u>            Wheat Roll            Cinnamon Apples <u>OR</u>            Chocolate Cake</p>	<p>May 22  <u>Ham and Beans</u>            ♥<u>Spinach</u>            ♥<u>Stewed Tomatoes</u>            Cornbread            Pineapple Tidbits <u>OR</u>            Cook's Feature</p>
<p>May 25  <u><b>Center Closed</b></u>  <u><b>Memorial Day</b></u></p>	<p>May 26  <u>BBQ Chicken</u>            ♥<u>Creamed Peas/New Potatoes</u>            ♥<u>California Vegetables</u>            Wheat Roll            Blushed Pears <u>OR</u>            Peanut Butter Cookie</p>	<p>May 27  <u>Manicotti with Meatsauce</u>            ♥<u>Spinach</u>            ♥<u>Carrots</u>            Wheat Roll            Sliced Peaches <u>OR</u>            Cheesecake</p>	<p>May 28  <u>Turkey and Stuffing</u>            ♥<u>Mashed Potatoes/Gravy</u>            ♥<u>Green Beans</u>            Wheat Roll            Sliced Pears <u>OR</u>            Banana Cake</p>	<p>May 29  <u>Fried Fish</u>            ♥<u>Sweet Potato Fries</u>            ♥<u>Black Eyed Peas</u>            Hushpuppies            SF Jello with Pineapple <u>OR</u>            Cook's Feature</p>

**\*Menu subject to change according to availability**