


# Warrensburg

# May 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>♥Indicates Heart Healthy Item</b> <b>Bold underlined items meet the 2020 nutrition guidelines for senior nutrition</b>	Milk, Unsweetened Fruit, Chef Salad, Baked Chicken or Baked Fish available daily as heart healthy alternatives by request.		<b>May 1</b> <u>Fried Fish</u> <b>♥Sweet Potato Fries</b> <b>♥Black Eyed Peas</b> Hushpuppies Chef's choice Fruit <b>OR</b> Dessert
	<b>May 4</b> <u>Meatloaf</u> <b>♥Creamed Peas/New Potatoes</b> <b>♥Carrots</b> Wheat Bread Fresh Fruit <b>OR</b> Lemon Bar	<b>May 5</b> <u>Chicken Lo Mein</u> <b>♥Broccoli</b> <b>♥Cauliflower</b> Wheat Bread Fresh Fruit <b>OR</b> Carrot Cake	<b>May 6</b> <u>Ham and Beans</u> <b>♥Spinach</b> <b>♥Stewed Tomatoes</b> Cornbread Cinnamon Apples <b>OR</b> Chocolate Cake	<b>May 7</b> <u>Chicken Salad Sandwich</u> <b>♥Carrot Raisin Salad</b> <b>♥Potato Salad</b> Wheat Bread Fresh Fruit <b>OR</b> Brownie
<b>May 11</b> <u>Lasagna</u> <b>♥Carrots</b> <b>♥Peas</b> Garlic Breadstick Fresh Fruit <b>OR</b> Rocky Road Dessert	<b>May 12</b> <u>BBQ Pork</u> <b>♥Broccoli</b> <b>♥Baked Beans</b> Wheat Bun Fresh Fruit <b>OR</b> Strawberry Cake	<b>May 13</b> <u>Salisbury Steak</u> Liver and Onions <b>♥Mashed Potatoes/Gravy</b> <b>♥Beets</b> Wheat Bread Fresh Fruit <b>OR</b> Poppyseed Cake	<b>May 14</b> <u>Turkey Melt</u> <b>♥Broccoli, and Cheese Soup</b> <b>♥Roasted Red Potatoes</b> Wheat Bread Fresh Fruit <b>OR</b> Chocolate Chip Cookie	<b>May 15</b> <u>Taco Salad</u> <b>♥Black Beans</b> <b>♥Stewed Tomatoes</b> Tortillas/Chips Fresh Fruit <b>OR</b> Tres Leches Cake
<b>May 18</b> <u>Chicken Parmesan and Pasta</u> <b>♥Italian Vegetables</b> <b>♥Peas</b> Garlic Breadstick Fresh Fruit <b>OR</b> Crispy Rice Treat	<b>May 19</b> <u>Sweet and Sour Chicken with Rice</u> <b>♥Carrots</b> <b>♥Lima Beans</b> Wheat Bread Strawberry Banana's <b>OR</b> Fortune Cookie	<b>May 20</b> <u>Meatball Sub</u> <b>♥Sweet Potato Fries</b> <b>♥Broccoli</b> Hoagie Roll Sliced Pears <b>OR</b> Snickerdoodle	<b>May 21</b> <u>Fried Chicken</u> <b>♥Mashed Potatoes/Gravy</b> <b>♥Green Beans</b> Wheat Bread Sliced Peaches <b>OR</b> Birthday Cake	<b>May 22</b> <u>Meatloaf</u> <b>♥Mashed Potatoes/Gravy</b> <b>♥Beets</b> Wheat Bread Chef's choice Fruit <b>OR</b> Dessert
<b>May 25</b> <b>Memorial Day</b>  CLOSED	<b>May 26</b> <u>BBQ Chicken</u> <b>♥Creamed Peas/New Potatoes</b> <b>♥California Vegetables</b> Wheat Bread Blushed Pears <b>OR</b> Peanut Butter Cookie	<b>May 27</b> <u>Manicotti with Meat sauce</u> <b>♥Spinach</b> <b>♥Carrots</b> Wheat Bread Fresh Fruit <b>OR</b> Cheesecake	<b>May 28</b> <u>Turkey and Stuffing</u> <b>♥Mashed Potatoes/Gravy</b> <b>♥Green Beans</b> Wheat Bread Sliced Pears <b>OR</b> Banana Cake	<b>May 29</b> <u>Sloppy Joes</u> <b>♥Roasted Red Potatoes</b> <b>♥Beets</b> Wheat Bun Chef's choice Fruit <b>OR</b> Dessert

\*Menu subject to change according to availability