



McCarty Center Elder Reader

Monthly newsletter of the McCarty Senior Center
 19482 Highway 54
 Wheatland, MO 65779
 417-282-6100



Hello everyone. My name is Mackenna Neale, and I am the new Care Manager for St. Clair and Hickory County. My offices will be located at the Rivers Crossing Life Center and McCarty Senior Center. I am the youngest daughter of John and Stacy Neale. I am the granddaughter of Sam

and Martha Ganfield and the late Rollie and Oleta Neale. I am also the great-granddaughter of Mac and Mae Ganfield. I grew up in Osceola, attended Osceola Public Schools, and graduated in 2019.

After high school, I attended Missouri State University—previously known as Southwest Missouri State University—in Springfield, MO where I studied Psychology with a minor in Biomedical Sciences. I am currently attending Southwest Baptist University in Bolivar, MO where I will receive my master's in business administration with an emphasis in healthcare.

I have always had a passion for working with the people of my community. Growing up I was involved in several student-led organizations such as FFA, 4H, National Honor Society, etc. Through these organizations, I was able to work with and learn from my community members. I am excited and looking forward to this opportunity to be back in my home community and work with these same community members. Please feel free to reach out to me with any questions or stop by my office at any time. I am looking forward to getting to know each of you.



You are invited to join us for **breakfast** on Saturday, April 13 from 8:00 to 11:00 a.m.

We will be serving our delicious McCarty Breakfast consisting of a ham or sausage omelet with hashbrowns, biscuit, and fruit; or a half or full order of biscuits and gravy; or our famous cinnamon rolls. Trust us! You will not leave here hungry. So, bring your family, friends, neighbors, and anybody else you can think of!

Our May 11 fundraiser will be our annual Spring Fest featuring craft booths, a silent auction, live music, as well as breakfast and lunch. It is always a fun time so put it on your calendar today!

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IT PAYS TO GET A GREEN MEAL TICKET!!

Congratulations to **Jerree Gowetor** and **Nancy Sisson** who are the latest lucky winners in our meal ticket drawing! You too can be a winner! For a \$25 contribution, you get a ticket, which has several benefits:

1. It is good for five meals.
2. You don't have to dig out money every time you come in. Just get your card punched.
3. When your card has five punches, it is put in for a monthly drawing. The prize???? One free ticket!

Meal tickets also make wonderful gifts for friends and family. Tickets are available from the hostess at the front desk.

Volunteers
Have a Heart of Gold

This year's volunteer appreciation dinner will be held on Saturday April 20th from 11:30 am to 1pm. We will be serving up our traditional volunteer dinner.

A Great Way to Help

Two of our biggest fundraising events each year are the Spring and Fall Festivals. We are grateful to the community for helping us make these events successful by donating their lightly used items to be auctioned and following up with coming into to the center and bidding on the other items donated.

All proceeds from auctioned items benefit the homebound seniors of Hickory County. Our Home Delivered Meal program is the most expensive, which makes our collective efforts so important.

We are accepting nice auction items for our Spring Fest.



ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:30 Scrabble	8-11 Indoor Walk 1:30 Crafty Friends	8-11 Indoor Walk 9:30 Video Exercise 12:00 Drums Alive	8-11 Indoor Walk	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:00 Drums Alive	
7	8	9	10	11	12	13
	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:30 Scrabble	8-11 Indoor Walk	8-11 Indoor Walk 9:30 Video Exercise 12:00 Drums Alive	8-11 Indoor Walk	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:00 Drums Alive	8-11:00 Breakfast Fundraiser
14	15	16	17	18	19	20
	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:30 Scrabble 1:00-2:00 Five Wishes	8-11 Indoor Walk	8-11 Indoor Walk 9:30 Video Exercise 11:00 Benefits Bingo 12:00 Drums Alive	8-11 Indoor Walk 3:00 Movie Matinee	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:00 Drums Alive 6:00 Country Memories Dance	11:30-1:00 Volunteer Appreciation Day Deadline to sign up for Paint with Sherri
21	22	23	24	25	26	27
	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:30 Scrabble	8-11 Indoor Walk Deadline to sign up for May Crafty Friends Class. A Mother's Day Silhouette pebble art	8-11 Indoor Walk 9:30 Video Exercise 12:00 Drums Alive 5:00 Dirty Bingo and Baked Potato Bar	8-11 Indoor Walk	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:00 Drums Alive	2:00 – Let's paint with Sherri
28	29	30				
	8-11 Indoor Walk 9:30 Video Exercise 11:00 Bingo 12:30 Scrabble	8-11 Indoor Walk				

CENTER ACTIVITIES

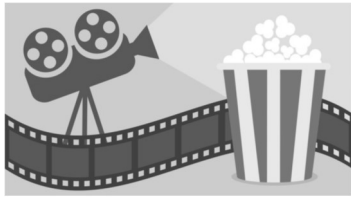


Dirty Bingo and Loaded Potato Dinner

Wednesday, April 24

5-7pm.

If you're looking for a fun weekday meal and activity, plan to join us. \$5.00 will get you a loaded baked potato, dessert, a drink, and one bingo card. Additional cards can be bought for \$1.00 each. Add in a little twist to the prizes and you get a whole lot of fun. So, grab a bunch of friends and join us!



Movie Matinee

Come and join us for our free movie matinee on Thursday, April 17 from 3:00 to 5:00 p.m.

Movie title on activity board at front desk.

We will be serving Empanada, salad, and a chocolate chip cookie.

Donations for the food are welcome.



Boutique

Our boutique is open from 9:00 a.m. to 1:00 p.m. Monday through Friday. Shopping and donations should occur during those hours.

We are so appreciative of both our shoppers and our donors. THANK YOU!

Note: The money collected from the boutique goes to pay the insurance on our building.



Crafty Friends

On April 2 we will be doing a tulip paper cutting. A donation of \$5 toward the cost of the materials would be appreciated. (You can get a sneak peek of the project at the front desk.)

NOTE: Please allow 1-1/2 hours to finish this project. And, since we will be using sharp knives, this class is restricted to age 18+.

Upcoming craft projects:

May 7: A Mother's Day Silhouette pebble art.

June 3: A Patriotic project

Please join us for a fun afternoon of crafting and bring a friend! Everyone is welcome.

Paint with Sherri

This month the class will be painting (You can see her sample on the front desk.)

Date: April 27

Time: 2:00 p.m.

Cost: \$35 (cash only please)



You **MUST** sign up to take this class by March 20 as Sherri has some prep work she needs to do before the class. Sign-up sheet is next to the sample. Come join in the fun and bring a friend!

Country Memories Dance

The Country Memories Dance will be on Friday, April 19 from 6:00 – 9:00 p.m. \$5 per person. Put your dancing shoes on and come two-step to your heart's content!



BRAIN GAME



April 15 is National Jackie Robinson day. Jackie was such an integral part in integrating baseball that, although it was 50 years later, in 1997 his number 42 was permanently retired in every team in Major League Baseball! What an honor!

So how much do you know about this famous baseball player? Fill in the blanks below to find out.

1. What team did Jackie start with on April 15, 1947?
a) New York Yankees b) Brooklyn Dodgers c) Kansas City Monarchs d) Boston Red Sox
2. Jackie was born the youngest of 5 children in what city?
a) Pasadena, CA b) Kansas City, MO c) Brooklyn, NY d) Cairo, GA
3. His father's occupation was a:
a) Doctor b) Sharecropper c) Farmer d) Lawyer
4. After his father abandoned the family in 1920, they moved to:
a) Pasadena, CA b) Kansas City, MO c) Brooklyn, NY d) Chicago, IL
5. Jackie's older brother, Mack was a silver medalist in track and field at the:
a) 1900 Paris Olympics b) 1908 London Olympics c) 1932 Los Angeles Olympics
d) 1936 Berlin Olympics
6. His brother's success inspired Jackie's interest in athletics. He ultimately earned varsity letters in baseball, basketball, football, and track while in high school.
a) True b) False
7. Jackie was drafted into the US Army in the spring of 1942 but never saw combat. He was accepted into Officer Candidate School and was assigned to segregated units in:
a) MO + AR b) GA + OH c) KS - TX d) CA + MS
8. In 1944 Jackie was nearly court-martialed for:
a) Using a white's only restroom b) Crossing the street c) Refusing a direct order
d) Refusing to sit at the back of the bus
9. What position did Jackie play?
a) 1st base b) 2nd base c) 3rd base d) 4th base
10. Who was responsible for Jackie signing with the Dodgers?
a) Lamar Hunt b) Branch Rickey c) Mickey Mantle d) Hank Aaron
11. Jackie's 10-year hitting average with the Dodgers was:
a) .311 b) .285 c) .250 d) .410
12. Jackie died October 24, 1972, at the age of 53 from:
a) Cancer b) Pneumonia c) Flu d) Heart Attack



McCarty Senior Center

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On the web: <https://goaging.org/>
(then follow the links)

Facebook: www.facebook.com/McCartyCenter



McCarty Senior Center



The McCarty Senior Center is one of 21 centers operated by Care Connection for Aging Services, a non-profit area agency on aging serving 13 counties in West Central Missouri. Its mission is to provide opportunities to create positive aging experiences. For more information, call 1-800-748-7826 or email at information@goaging.org

ANSWERS TO BRAIN GAME

**1 b; 2d; 3b; 4a; 5d; 6a;
7c; 8d; 9b; 10b; 11a; 12d**

What can I do?

Cashews

Paper towels

How Are We Doing?

Your Center Service Board appreciates hearing your thoughts and concerns. We had several comment cards this month. 1. nice clean and friendly, thanks. 2. Hope the Italian dinner was a success. Food and atmosphere very good! A: Yes, we had a great turnout for the Italian dinner serving 154 meals and clearing \$2000.00 in donations for this meal. 3. Smiling happy faces, good hot and colorful food. Friendly atmosphere, thank you very much. A: Thank you for your kind remarks, our kitchen staff and volunteers pride ourselves in the meals prepared for you. 4. Can we change up the menu served on different days of the week, not the same food every Friday. Great food and service. A: Our menu cycle and there is always something to choose from. The fried fish on Fridays is very popular with the majority. If you have suggestions, please continue to fill out the comment cards or visit with Donnita in the kitchen.

MCCARTY CENTER

Center Services Advisory Board Meeting Minutes

Location: McCarty Center - Wheatland

Date: 3/26/2024

Call to Order: The meeting was called to order at by President Rhonda Hargiss.

Attendance: Mark Haynes, Rhonda Hargiss, Richard Reeves, Mark Swigert, Brad Black, Donnita Stanley.

Minutes of 2/27/2024 meeting approved as read. Motion made by Richard, second by Brad.

Treasurer's Report: Treasurer Richard Reeves reported a \$2,684 loss for the month of January. Operating fund balance of \$54,645.

Staff Reports were made by: Donnita

Center Coordinator/Head Cook report: Italian Buffet cleared \$2000. The center coordinator's meeting covered activity statements and the new budget.

Executive Board member report: none

Regional Services Director Report: none

Old Business: None

New Business:

Senior Health and fitness day is May 29th.

Volunteer Appreciation Day is April 20th.

Next Fundraiser is April 13th beginning at 8 a.m.

There were 6 very positive comment cards, and one asking to change the Friday menu.

Meeting Adjourned at 2:10 p.m.

Next meeting date will be: 4/23/2024

Respectfully Submitted by Mark Swigert, Secretary



TWELVE COMMANDMENTS FOR SENIORS

1. Talk to yourself. There are times you need expert advice.
2. "In Style" are the clothes that still fit.
3. You don't need anger management. You need people to stop making you mad!
4. Your people skills are just fine. It's your tolerance for idiots that needs work.
5. "One for the road" means peeing before you leave the house.
6. "On Time" is when you get there.
7. Even duct tape can't fix stupid, but it sure does muffle the sound.
8. It would be wonderful if we could put ourselves in the dryer for ten minutes, then come out wrinkle-free and three sizes smaller.
9. Lately, you've noticed people your age are so much older than you.
10. Growing old should have taken longer.
11. Aging has slowed you down, but it hasn't shut you up!
12. You still haven't learned to act your age and hope you never will.